

DISH NAME	Cereals containing Gluten	Crustaceans & products thereof	Eggs & products thereof	Fish & products thereof	Peanuts & products thereof	Soybeans & products thereof	Milk & products thereof	Nuts	Celery & products thereof	Mustards & products thereof	Sesame seeds & products thereof	Sulphur Dioxide & Sulphites (>10mg/kg)	Lupin & products thereof	Molluscs & products thereof	Suitable for Lacto-Ovo Vegetarians	Can you adapt for non gluten diets?
<b>BREAD, OLIVES, SHARING</b>																
Garlic Pizza bread	✓ Wheat					✓		✓ Pine nuts				✓			✓	
Garlic pizza bead with mozzarella	✓ Wheat		✓			✓	✓	✓ Pine nuts				✓			✓	
Tomato Pesto bread	✓ Wheat		✓			✓	✓	✓ Pine nuts				✓			✓	
Baked dough balls	✓ Wheat		✓			✓	✓					✓			✓	
Tomato, garlic & oregano	✓ Wheat					✓						✓			✓	
Pane di casa	✓ Wheat		✓		✓			✓			✓	✓			✓	
Olives			✓				✓								✓	✓
<b>STARTERS</b>																
Assaggi Parma	✓ Wheat	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓		✓	Without salami and parma ham	✓
Gamberoni al salmoriglio	✓ Wheat	✓	✓			✓	✓		✓	✓		✓				
Cozze al pomodoro	✓ Wheat					✓			✓	✓		✓		✓		
Calamari Fritti	✓ Wheat		✓			✓	✓			✓		✓		✓		
Funghi Trifolati	✓ Wheat		✓			✓	✓		✓	✓		✓			✓	
Bruschetta Pomodoro	✓ Wheat		✓			✓	✓	✓ Pine nuts							✓	
Tri colori			✓			✓	✓	✓ Pine nuts							✓	✓
Bruschetta Funghi	✓ Wheat		✓			✓	✓		✓	✓		✓		✓	Without bacon	
Antipasto Parma	✓ Wheat	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓		✓	Without salami and parma ham	✓
<b>PASTA &amp; RISOTTO</b>																
Salmone	✓ Wheat		✓	✓		✓	✓		✓	✓		✓				
Linguine Gamberetti	✓ Wheat	✓	✓			✓	✓		✓	✓		✓				✓ Ask for gluten free pasta & no breadcrumbs
Linguine Cozze	✓ Wheat		✓			✓	✓		✓	✓		✓		✓		
Linguine frutti di mare	✓ Wheat	✓	✓			✓	✓		✓	✓		✓		✓		✓ Ask for gluten free pasta
Pappardelle porro e funghi	✓ Wheat		✓			✓	✓		✓	✓		✓			✓	
Linguine carbonara	✓ Wheat		✓			✓	✓					✓				✓ Ask for gluten free pasta
Pappardelle manzo	✓ Wheat		✓			✓	✓		✓	✓		✓				✓ Ask for gluten free pasta
Tortelloni	✓ Wheat		✓			✓	✓					✓		✓		
Linguine Pomodoro	✓ Wheat		✓			✓	✓		✓	✓		✓		✓		✓ Ask for gluten free pasta
Caserecce Giorgio	✓ Wheat		✓			✓	✓					✓				✓ Ask for gluten free pasta
Lasagna al forno	✓ Wheat		✓			✓	✓		✓	✓		✓				
Pappardelle pollo e pesto	✓ Wheat		✓			✓	✓	✓ Pine nuts	✓	✓				✓	Without chicken	✓ Ask for gluten free pasta and no stock
Linguine polpette	✓ Wheat		✓			✓	✓	✓	✓	✓		✓				
Risotto zucca	✓		✓	✓		✓	✓	✓ Pine nuts	✓	✓		✓		✓	Without bacon	
Linguine zucchine e limone	✓		✓			✓	✓	✓ Pine nuts	✓	✓		✓		✓	Ask a member of staff	
Risotto Gamberoni	✓	✓	✓			✓	✓		✓	✓		✓				
Risotto gordiniera	✓		✓			✓	✓		✓	✓		✓		✓		
<b>FISH &amp; MEAT</b>																
Pollo romana	✓		✓			✓	✓		✓	✓		✓				✓ Without stock
pollo funghetto	✓		✓			✓	✓		✓	✓		✓				✓ Without stock
Medaglioni di maiale	✓		✓			✓	✓		✓	✓		✓				✓ Without stock
Orata alla siciliana				✓		✓	✓					✓				✓
Bistecca Grigliata						✓	✓					✓				✓
Brandy & peppercorn sauce	✓		✓			✓	✓		✓	✓		✓		✓		✓ Without stock
Garlic oil & lemon juice						✓						✓		✓		✓
Tomato caper & black olive	✓		✓			✓	✓		✓	✓		✓		✓		✓ Without stock
Creamy white wine & mushrooms	✓		✓			✓	✓		✓	✓		✓		✓		✓ Without stock
Vitello Saltimbocca	✓		✓			✓	✓		✓	✓		✓		✓		✓ Without stock & flour
Tagliata di Manzo						✓						✓				✓
<b>SIDES</b>																
Insalata mista			✓			✓						✓		✓		✓
Rucola e grana			✓			✓						✓		✓		✓
Insalata di pomodoro												✓		✓		✓
Fagiolini	✓		✓			✓	✓					✓		✓		✓
Cubetti di patate			✓			✓	✓					✓		✓		✓
Dauphinoise						✓	✓					✓		✓		✓
Zucchine Fritte	✓		✓			✓	✓		✓	✓		✓	✓	✓		✓
Broccoli						✓						✓		✓		✓
Patatine fritte	✓					✓						✓		✓		✓

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<b>PIZZA</b>																
Margherita	✓ Wheat						✓	✓ Pine nuts				✓			✓	
Prosciutto e funghi	✓ Wheat						✓	✓ Pine nuts				✓				
Quattro stagioni	✓ Wheat		✓				✓	✓ Pine nuts				✓				
Calabrese	✓ Wheat						✓	✓ Pine nuts				✓				
Vulcano	✓ Wheat					✓	✓	✓ Pine nuts				✓				
Parma	✓ Wheat		✓				✓	✓ Pine nuts				✓				
Americano	✓ Wheat						✓	✓ Pine nuts				✓				
Piccante	✓ Wheat		✓			✓	✓	✓ Pine nuts				✓				
Ragu	✓ Wheat					✓	✓	✓ Pine nuts	✓			✓				
Vegetariana	✓ Wheat		✓			✓	✓	✓ Pine nuts				✓			✓	
Diavola	✓ Wheat						✓	✓ Pine nuts				✓				
Calzone della casa	✓ Wheat						✓	✓ Pine nuts				✓				
Calzone Fratelli	✓ Wheat		✓				✓	✓ Pine nuts				✓				
Calzone Vegetariana	✓ Wheat		✓			✓	✓	✓ Pine nuts				✓			✓	
<b>PANINI</b>																
Polpette	✓ Wheat		✓			✓	✓	✓ Pine nuts	✓	✓		✓				
Prosciutto	✓ Wheat		✓			✓	✓	✓ Pine nuts				✓				
Pollo e pancetta	✓ Wheat		✓			✓	✓	✓ Pine nuts				✓				
Pollo e pesto	✓ Wheat		✓			✓	✓	✓ Pine nuts	✓	✓		✓				
Pollo e peperoni	✓ Wheat					✓	✓	✓ Pine nuts				✓				
Tricolori	✓ Wheat		✓			✓	✓	✓ Pine nuts				✓			✓	
Vegetariana	✓ Wheat		✓			✓	✓	✓ Pine nuts				✓			✓	
Gamberetti	✓ Wheat, barley	✓	✓			✓	✓	✓ Pine nuts	✓	✓		✓				
Pollo cesar	✓ Wheat		✓	✓		✓	✓	✓ Pine nuts	✓	✓		✓				
<b>BAKED PASTA</b>																
Salmone	✓ Wheat	✓	✓	✓		✓	✓					✓				✓ Ask for gluten free pasta & no besciamella
Manzo	✓ Wheat		✓			✓	✓		✓			✓				✓ Ask for gluten free pasta
Vegetariana	✓ Wheat		✓			✓	✓					✓			✓	✓ Ask for gluten free pasta
Pollo e pesto	✓ Wheat		✓			✓	✓	✓ Pine nuts	✓	✓		✓				✓ Ask for gluten free pasta
<b>LUNCH SALADS</b>																
Gamberetti	✓ Barley	✓	✓						✓	✓		✓				✓
Pollo e pancetta			✓			✓	✓		✓	✓		✓				✓
Pollo cesar	✓ Wheat		✓	✓		✓	✓		✓	✓		✓				✓ Without crutons
Pollo e peperoni			✓			✓	✓	✓ Pine nuts				✓				✓
Salmone	✓ Barley		✓	✓		✓			✓			✓				✓
Tricolori			✓				✓	✓ Pine nuts				✓			✓	✓
<b>DESSERTS</b>																
Affogato	✓ Wheat		✓		✓	✓	✓	✓ Hazelnuts & almonds				✓			✓	
Torta Cacao	✓ Wheat		✓		✓	✓	✓	✓ Almonds, nuts				✓			✓	
Panna cotta							✓					✓			✓	✓
Tiramisu	✓ Wheat		✓			✓	✓	✓ Hazelnuts & almonds				✓			✓	
Salted caramel cheesecake	✓ Wheat		✓			✓	✓	✓ Almonds, nuts				✓			✓	
Lemon Tart	✓ Wheat		✓		✓	✓	✓	✓				✓			✓	
<b>GELATO</b>																
Panna	✓ Wheat		✓		✓	✓	✓					✓			✓	✓ Without the wafer
Nocciola	✓ Wheat		✓		✓	✓	✓	✓ Hazelnuts				✓			✓	✓ Without the wafer
Chocolate	✓ Wheat		✓		✓	✓	✓	✓				✓			✓	✓ Without the wafer
Strawberry	✓ Wheat		✓		✓	✓	✓	✓				✓			✓	✓ Without the wafer
Limone	✓ Wheat		✓		✓	✓	✓	✓				✓			✓	✓ Without the wafer
Pistacchio	✓ Wheat		✓		✓	✓	✓	✓				✓			✓	✓ Without the wafer
Strawberry sorbet	✓ Wheat				✓		✓	✓				✓			✓	✓ Without the wafer
Mango Sorbet	✓ Wheat				✓		✓	✓				✓			✓	✓ Without the wafer